

# North Ringwood Medical Centre

A member of Travel Clinics Australia

210 Warrandyte Road, North Ringwood, VIC, 3134

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National Telephone 1300 369 359, Information Line 1900 969 359\*



Dear Traveller,

In order to better serve your requirements, please complete the attached Pre-Travel Assessment form and bring to your appointment.

You will need to complete the vaccination history table at the bottom of the form, *prior to your consultation*. If you have a yellow fever certificate or any other vaccination record, please remember to bring this with you.

Your visit will include a half hour consultation with a qualified doctor specialising in travel health and included is a pocket medical guide including international vaccination certificate.

All vaccinations are given on site with techniques to minimise discomfort. Severe side effects are rare, however, we suggest that you stay for 20 minutes after your injections. It is also a World Health Organisation requirement that patients are observed for half an hour following a yellow fever injection. Please take this into account when planning your day.

Please note that payment is required at the time of visit. Most consultations will attract a medicare rebate for part of the fee. Corporate consultations may be charged to your company by prior arrangement. The cost of any injections and dispensed medications are partly claimable via most private health extras cover. We accept cash, Visa, MasterCard, and EFTPOS (no cheques). A cancellation fee will apply unless more than 24 hours notice is given.

We look forward to seeing you soon!

Doctors and staff of North Ringwood Medical Centre

\*Call charges: 99 cents per minute, incl. GST, higher from public and mobile phones. Telads

#### Travel Clinics Australia Associate Members:

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# North Ringwood Medical Centre Pre-Travel Assessment Form



Please complete prior to your consultation

### Patient Details:

Title	First Name	Surname	D.O.B.	Sex	Country of Passport
				M / F	

General Practitioner's contact details:		Your occupation:	
		This trip is for:	<input type="checkbox"/> Business <input type="checkbox"/> Leisure

### Medical Background:

	✓	
Do you have any significant health problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever fainted or felt unwell soon after an injection?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
(Females only) Could you be pregnant now or while away?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Does someone with lowered immunity live at home with you?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are you allergic to eggs, medications or other substances?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Please list all medications you are currently taking:		
Please list significant medical / health problems you have had (travel related or otherwise):		

### Vaccination Background:

Vaccine	Year	Vaccine	Year	Vaccine	Year
Tetanus / Diphtheria / Whooping cough		Measles / Mumps / Rubella		Mantoux / BCG	
Polio		Hepatitis B		Meningococcal	
Influenza (flu)				Japanese Encephalitis	
Pneumonia		Hepatitis A		Q fever	
Cervical cancer vaccine		Typhoid		Rabies	
Varicella (chicken pox)		Cholera		Yellow fever	

### Travel Itinerary:

Departure date:		Return date:	
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Country (in order of visit)	Region/City (if known)	Accommodation (hotel/tent/other)	Duration (weeks)

Appointment Date: \_\_\_/\_\_\_/\_\_\_ Time: \_\_\_\_\_

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# North Ringwood Medical Centre Travel Health Items Available



First aid kits	E2 (Basic)	Corporate (Advanced)
Panadol	10 tabs	10 tabs
Alcohol wipe sachets	4	6
Forcep tweezers	1	1
Scissors	1	1
Safety Pins	2	2
Thermometer (forehead)	1	1
Betadine 15ml	1	1
Sterile Gauze 3-pack	1	2
Bandaid	6	10
Conforming bandage	1 x 5cm	1 x 7.5cm
Triangle bandage	1	1
Micropore tape (12mm)	1	1
Steristrips-3 skin strips	1	2
Absorbent dressing		7x 5cm x2
Fixomull Dressing		10 x 25cm
Iodine swab		6
Disposable gloves	1 pair	1 pair
IV Cannula		1
Xylocaine 1%		1 ampoule
Sterile Dressings	3	3
Nylon Suture		5/0 x 1
Sterile Syringe		3.0ml x 2
Sterile Syringe		5.0ml x 1
Sterile needles		21G x 2
Sterile needles		23G x 2
Sterile needles		25G x 2
Dental needle		1

Gastro kits	Gastro Basic	Gastro Advanced
Gastrolyte	20 tabs	20 tabs
Loperamide	12 tabs	12 tabs
Noroxin	6 tabs	6 tabs
Simplotan	-	4 tabs
Stemzine	-	25 tabs
Zip bag	-	Yes
<b>Other Items</b>		
Permethrin clothing impregnation kit		\$22
Standard treated mosquito net		\$55 / \$77
Repel insect repellent		\$9.00-\$13.20
Anti-malarial tablets		Available
Forehead thermometer		\$8.80
Earplanes (eardrum protection)		\$22
Oral rehydration solution		\$16.50
Water purification tablets		\$15.00
Dermasoft hand gel		\$8.80
Travellers Pocket Medical Guide & International Certificate of Vaccination		\$9.90 (Free with consultation)

## Notes:

1. Prescription items (gastro medications and anti-malarials) are claimable on some Private Health Insurance policies.
2. GST is included in the price of the E2 and Corporate kits, and GST is not payable on Gastro medications or combinations of kits and medications.

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